

# 10,000 MEALS IN 60 DAYS

Do you know a senior who could use a home-cooked meal?

**Let us know!**



## EMERITUS SENIOR LIVING - *Our Family is Committed to Yours.*®

We're helping to improve the nutrition of 10,000 seniors across the country. We'll be visiting seniors, many of whom live alone, and bringing them a nutritious, home-cooked meal. We'll also provide a friendly face and some good conversation to ensure they are able to get the nutrition they need every day.

According to the American Academy of Family Physicians, nearly one in ten seniors in America suffers from poor nutrition. This can exacerbate problems already common among seniors, including depression, improper healing, and a depressed immune system.

Our goal at Emeritus is to ensure that seniors are living "Safely Somewhere," whether they are being cared for at an Emeritus community, another senior living environment, or at home. The very cornerstone of a safe and secure environment is ensuring people are getting the proper nutrition they need to lead a fulfilling and productive life.

**If you know of a senior who could use a nutritious meal and some good company, please let us know.**

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Call today to come experience our family's commitment to yours.

**(307) 674-5575**

**Emeritus at Sugarland Ridge**  
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**EMERITUS**  
*— at Sugarland Ridge —*



[www.Emeritus.com](http://www.Emeritus.com)